

# MELNISHKO HORO

## Мелнишко хоро

(Bulgaria/Pirin-Macedonia)

Dance from around the town of Melnik, in the Pirin-Macedonian region of SW Bulgaria. It is related to another similar dance called *Deninka* from the same region.

Source : *Horo* dance club, Sofia.

**Music:** Yves Moreau CD

**Rhythm:** 7/8 counted here as 1-2-3, 1-2, 1-2 or 1, 2,3 (S-Q-Q)

**Formation:** Mixed line or open circle, "V" pos (hands down at sides. Face ctr, feet together)

**Style:** Proud and earthy.

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### Meter 7/8

### Pattern

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**Introduction** – 4 meas of drumming. Dance begins with *kaval* melody

#### Basic pattern

- 1 Swing arms back (ct ah) single bounce on both ft, swinging arms fwd (1)  
lift L knee with single bounce, arms in W pos (2) step on L next to R (3)
- 2 Step on R in place (1) step opn L next to R (2) step slightly fwd on R (3)
- 3 Rock back onto L (1) rock fwd onto R (3) rock back onto L (3)
- 4 Large step back on R with single bounce, swinging both arms back (1)  
bounce again on both ft, arms swing fwd (2) lift L knee with arms in W pos (3)
- 5 Facing RLOD, three light walking steps, L-R-L
- 6 Turn to face LOD, extend R leg fwd and bounce twice on both feet, swing  
arms back and up again (1-2) pick up R knee (3)
- 7 Facing LOD, do three light walking steps, R-L-R
- 8 Still travelling in LOD, step on L (1) light leap onto R, turning to face ctr, extending  
both arms fwd (2) step on L, crossing behind R, arms come down to V pos (3)

Dance repeats from beginning

**Description by Yves Moreau**